

Flitting Quilt Pattern



a quarter-square triangle quilt | *beginner-friendly*

FABRIC

- 2 yd background (white)
- 3.5 yd backing
- 0.5 yd binding
- fat 1/8 each of assorted prints or solids
 - one dark (D), two mediums (M1, M2),
 - and five lights (L1, L2, L3, L4, L5)



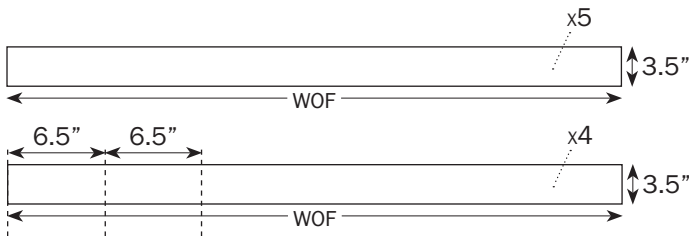
QUILTER'S TIP: cut small swatches of your fabrics, label each with a permanent marker (for example: D, M1, or L4), and affix them to a piece of paper to create a cheat sheet for reference as you construct your blocks and quilt top.



CUTTING

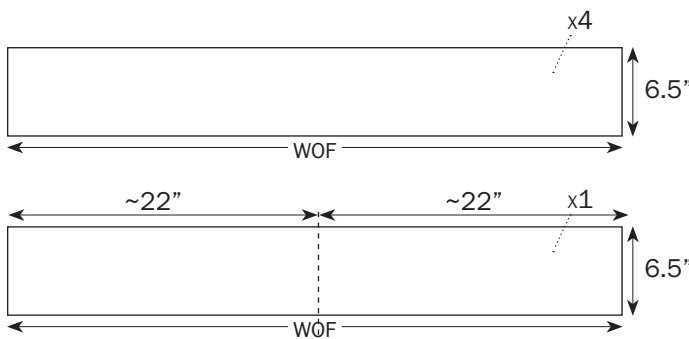
1. Sashing:

- From white, cut 9 - 3.5" x WOF strips.
 - leave 5 uncut
 - subcut 4 strips into 6.5" pieces
- (You should now have 24 - 6.5" x 3.5" strips.)



2. Border:

- From white, cut 5 - 6.5" x WOF strips.
 - leave 4 uncut
 - subcut 1 in half (about 22" each)

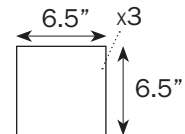


3. Blocks:

- From white, cut 4 - 5.25" x WOF strips.
 - subcut all into 5.25" x 5.25" squares
- (You should now have 29 - 5.25" squares.)



Also from white, cut 3 - 6.5" x 6.5" squares.



From assorted prints or solids, cut 5.25" x 5.25" squares in the amounts below:

- 2 each of L5
- 3 each of L1, L2, and L3
- 4 each of D, M1, and M2, L4

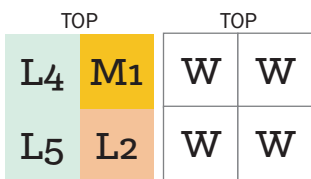
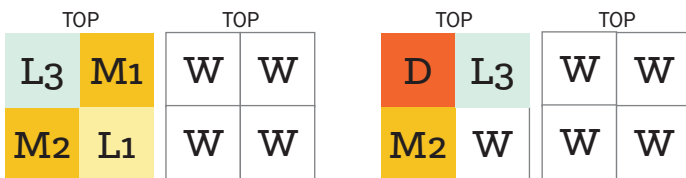
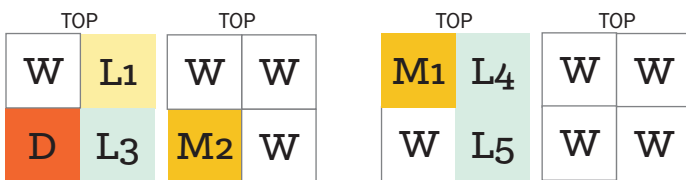
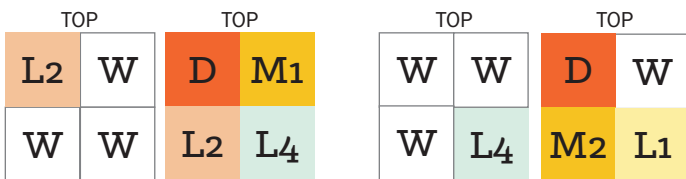
4. Binding:

- From binding, cut 6 - 2.25" x WOF strips.

HOURLASS BLOCKS

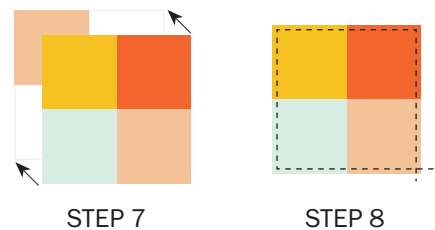
For detailed instructions with photos for making hourglass blocks, follow [THIS LINK](#) or visit the following URL: lovelyandenough.com/hourglasstutorial

5. Sew together squares to make four-patches shown below, pressing all seams open.

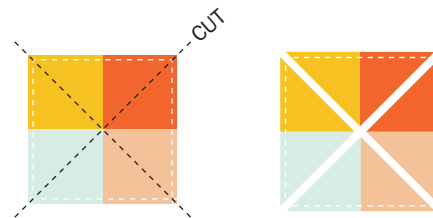


6. Put right sides together of paired four-patches, matching TOP to TOP.

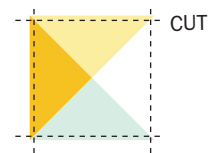
7. Sew a quarter-inch seam around the edge of each paired four patch.



8. Cut diagonally across the sewn blocks in both directions. Press blocks open..



9. Trim all hourglass blocks to 6.5" x 6.5" keeping seams at corners of blocks as much as possible. Some blocks may not require trimming



QUILTER'S TIP: For this quilt, press all seams open! This helps when matching corners and stops colors from showing through the white sashing and border.

SASHING

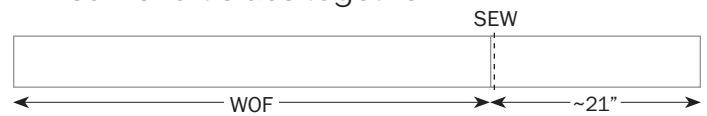
- Assemble 6 rows with 5 hourglass blocks and 4 - 6.5" x 3.5" strips, following the diagram below.
- Use 5 - 3.5" x WOF strips to attach the 6 hourglass rows together.



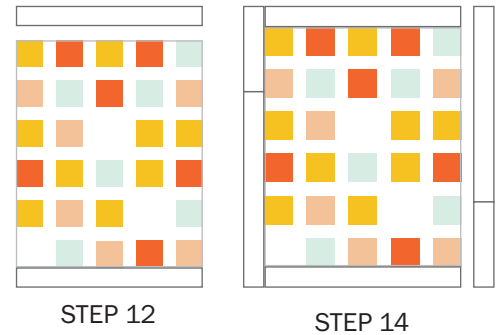
STEPS 10 & 11

BORDER

- Sew a 6.5" x WOF strip to each short end of the quilt top, like a row of sashing.
- Pair together one of each remaining uncut 6.5" x WOF strip with a 6.5" x 21" strip and sew short sides together.



- Sew a new long strip to each long side of the quilt top to complete border.



FINISHING

- Sandwich the batting between the backing and quilt top with right sides facing out. Baste. Quilt as desired.
- Trim the excess batting and backing. Square up the quilt.
- Bind using 2.25" x 42" binding strips. Join the binding strips together with diagonal seams and bind the edges of the quilt.